Manicure Certificate

Program Title: Manicure Program

Program Credential: Certificate

Program Duration: 2 days

Class Schedule: 1:00 pm to 5:00 pm

Program overview

Manicure is an aesthetics procedure which improves the appearance of the feet and nails. The word Manicure comes from the Latin words pedis, which means of the foot, and cura, which means care. In this course, you will learn sanitization and sterilization, proper protocols, professional nail applications, grooming techniques and treatments and polish application. You will also learn foot massages, exfoliation, drip dry and paraffin treatments. You will practice what you are learning and improve your skills at Chellsey Med-Spa, a full-service classroom and retail boutique open to the public. Working under the guidance of qualified lab technicians, you will manage the administrative functions of the spa, including front line responsibilities, retail operations and providing spa services. You will provide foot care treatments to clientele..

Career Opportunities

With today's fast-growing beauty industry and demand for aesthetic services, students will receive hands-on training and gain knowledge in all phases of medical aesthetics. The program will provide information and guidance about career opportunities, seeking and obtaining employment. After completing the program, students will be eligible to start employment in medical spas, doctor offices or self-businesses. Chellsey Institute of Beauty & Health supports students from enrollment to graduation to ensure successful completion

Manicure:

This module teaches students the anatomy and physiology of the hand and professional polish application.

Theoretical Applications
- Bacteriology and Sanitation
- Anatomy of the hand & Nail Structure
- Nail Discolorations
- Nail Implements & Nail Products
- Setting of the Manicure table
- Manicure Procedure
- Manicure Massage
- Client Consultations

Practical Applications
- Hand and Arm Massage
- Basic Manicure
- French Manicure
- Manicure with Paraffin Treatment