

## Mesotherapy Program

Program Title: Mesotherapy Training Certificate

Program Credential: Certificate

Program Duration: 1 day

Classes Schedule: Saturday From 9:00 am to 5:00

Eligibility: Doctors (MDs) and Nurses(RN, RPN, NP) only

## Program Overview:

For a safe and effective alternative to surgery or liposuction, Mesotherapy is a well established treatment. Mesotherapy is an aesthetic procedure that melts fats away, targeting cellulite reduction, body contouring, weight loss, etc.

## Mesotherapy:

Mesotherapy was first invented in 1952 as a way to deliver medication exactly to the site where it is most needed. It has been used in many applications such as pain control, headaches, herpes, and ulcerative colitis and has been used primarily in Europe and South America. The treatment consists of a series of shallow injections into the skin close to the site where you want the medication to work. Today it is used in the rapidly growing field of cosmetic body sculpting to reduce or eliminate small areas of fat or cellulite. The injections contain a mixture of natural enzymes that your body produces for itself but in small quantities. The enzymes mobilize the fat out of the fat cell and allow your body to wash it out as waste. The enzymes only work locally where you inject them. They are purified from natural plant sources.

## Comprehensive learning about Mesotherapy

- History of Mesotherapy.
- Indications in aesthetics.
- Hygiene, safety and control of infection
- Patient Consent
- Pre and Post care
- Injection techniques.
- Depth of injections.
- Contraindications.
- Complications.