

Pedicure Certificate

Program Title: Pedicure Program

Program Credential: Certificate

Program Duration: 2 days

Class Schedule: 1:00 pm to 5:00 pm

Program overview

Pedicure is an aesthetics procedure which improves the appearance of the feet and nails. The word pedicure comes from the Latin words pedis, which means of the foot, and cure, which means care. In this course, you will learn sanitization and sterilization, proper protocols, professional nail applications, grooming techniques and treatments and polish application. You will also learn foot massages, exfoliation, drip dry and paraffin treatments. You will practice what you are learning and improve your skills at Chellsey Med-Spa, a full-service classroom and retail boutique open to the public. Working under the guidance of qualified lab technicians, you will manage the administrative functions of the spa, including front line responsibilities, retail operations and providing spa services. You will provide foot care treatments to clientele.

Career Opportunities

With today's fast-growing beauty industry and demand for aesthetic services, students will receive hands-on training and gain knowledge in all phases of medical aesthetics. The program will provide information and guidance about career opportunities, seeking and obtaining employment. After completing the program, students will be eligible to start employment in medical spas, doctor offices or self-businesses. Chellsey Institute of Beauty & Health supports students from enrollment to graduation to ensure successful completion

Pedicure:

This module teaches students the anatomy and physiology of the foot and professional polish application.

Theoretical Applications

- Foot Anatomy
- Foot Disorders
- Foot Diseases
- Setting the Pedicure Station
- Pedicure Protocols
- Pedicure Massage

Practical Applications

- Foot & Toe Massage
- Basic Pedicure
- French Pedicure
- Pedicure with Paraffin Treatment